



Clinical Strength BROAD-SPECTRUM MICRONUTRIENTS

- flavored Powders -



- ✓ Delivers the nutrition contained in Daily Essential Nutrients capsules.
- ✓ Available in 3 Flavors: Chocolate Caramel, Mixed Berry & Strawberry Peach.
- ✓ Contains health-promoting fiber, which is easily tolerated without GI upset; excellent taste and solubility.
- ✓ Designed to be a stand-alone fully flavored drink powder dissolved in water or milk.

"I've been working with Hardy's products for 16 years, and I have a number of patients that I've started out on these products 10-15 years ago, who are still on them, still doing well, and the best part for them and ultimately really for me, is that they don't need my help anymore once they get on these products."

Dr. Scott Shannon, MD, ABIHM
Former President, American Holistic Medical Association,
Assistant Clinical Professor, University of Colorado - Children's Hospital



Experience
A *New* LEVEL OF WELLNESS



GetHardy.com
1-855-955-1110

Daily Essential Nutrients is used by healthcare professionals around the world for a wide variety of central nervous system disorders, including ADHD, bipolar, autism, OCD, depression, anxiety, brain injury, and neurodegeneration.*

When used correctly, *Daily Essential Nutrients* is powerful enough to completely replace other nutraceuticals and even psychiatric medications, because it is:

Complete. Every biological process requires multiple nutrients. *Daily Essential Nutrients* delivers every essential vitamin and mineral you need and more!*

Bioavailable. Our NutraTek™ mineral delivery technology optimizes mineral absorption and enables vital nutrients to enhance neuron structure and function.*

Balanced. Delivers natural ratios of nutrients to promote optimal cognitive function, mental clarity, focus, and mood stability.*

Chocolate Caramel

Other Ingredients: Resistant dextrin (non-GMO corn fiber & organic tapioca fiber), natural chocolate flavor, natural caramel flavor, organic konjac gum, dark cocoa powder (Dutch processed), natural vanilla flavor, organic acacia gum, organic guar gum, monk fruit extract (luo han guo), instantized inulin (chicory root fiber), stevia leaf extract, carrageenan, lycopene powder, organic carob powder, natural caramel color, silicon dioxide, lutein/zeaxanthin from marigold extract (as XanMax®), natural flavor.

Supplement Facts

Serving Size: 10 g (approx. 1 level scoop)
Servings Per Container: 30

One level scoop^s is approximately equal to 4 Daily Essential Nutrients capsules

Amount Per Serving	%DV**
Calories	10
Total Carbohydrates	4g 2%
Dietary Fiber	1g 4%
Vitamin A (as retinyl palmitate)	576 mcg 64%
Vitamin C (as ascorbic acid)	200 mg 222%
Vitamin D (as cholecalciferol)	24 mcg 120%
Vitamin E (as D-alpha tocopheryl acetate, mixed tocopherols, and mixed tocotrienols)	46.8 mg 312%
Vitamin K (as phyloquinone and menaquinone-7)	60 mcg 50%
Thiamin (as thiamine hydrochloride)	15 mg 1250%
Riboflavin	6 mg 462%
Niacin (as niacinamide, nicotinamide riboside chloride, & nicotinic acid)	48 mg 300%
Vitamin B ₆ (as pyridoxine hydrochloride and pyridoxal-5-phosphate)	20 mg 1176%
Folate (as calcium folinate and L-methylfolate calcium)	500 mcg DFE 125%
Vitamin B ₁₂ (as hydroxo-, adenosyl-, and methyl-cobalamin)	250 mcg 10417%
Biotin	360 mcg 1200%
Pantothenic acid (as D-calcium pantothenate)	10 mg 200%
Choline (as bitartrate)	64 mg 12%
Calcium (as NutraTek™ chelation blend)	400 mg 31%
Iron (as NutraTek™ chelation blend)	4.6 mg 25%
Phosphorus (as NutraTek™ chelation blend)	254 mg 20%

Amount Per Serving	%DV**
Iodine (as NutraTek™ chelation blend)	68 mcg 45%
Magnesium (as NutraTek™ chelation blend)	200 mg 48%
Zinc (as NutraTek™ chelation blend)	16 mg 145%
Selenium (as NutraTek™ chelation blend)	68 mcg 124%
Copper (as NutraTek™ chelation blend)	2.4 mg 267%
Manganese (as NutraTek™ chelation blend)	3.2 mg 139%
Chromium (as NutraTek™ chelation blend)	208 mcg 594%
Molybdenum (as NutraTek™ chelation blend)	48 mcg 107%
Sodium (as NutraTek™ chelation blend)	40 mg 2%
Potassium (as NutraTek™ chelation blend)	80 mg 2%

Proprietary blend 680 mg †
Inositol, Great Salt Lake minerals, L-glutamine, mixed tocopherols (organic), N-acetyl-L-cysteine, acetyl-L-carnitine (as hydrochloride), grape seed extract, methylsulfonylmethane (MSM), L-methionine, mixed tocotrienols (from palm fruit), coenzyme Q10, alpha-lipoic acid, ginkgo biloba leaf extract, LIVING SILICA® (MMST & OSA), pyrroloquinoline quinone (PQQ), trace minerals as NutraTek™ chelation blend: boron, vanadium, nickel.

** Percent Daily Values (DV) are based on a 2,000 calorie diet. † Daily Value not established.

Other ingredients: Resistant dextrin (corn & tapioca fiber), gum blend (guar gum, acacia gum, xanthan gum), instantized inulin (chicory root fiber), monk fruit extract (luo han guo), stevia leaf extract, silicon dioxide, natural flavor.

Mixed Berry

Other Ingredients: Resistant dextrin (non-GMO corn fiber & organic tapioca fiber), natural mixed berry flavors, organic konjac gum, sodium bicarbonate, orange juice powder, radish skin extract (color), monk fruit extract (luo han guo), instantized inulin (chicory root fiber), gum blend (organic guar gum, organic acacia gum, xanthan gum), stevia leaf extract, natural vanilla flavor, natural strawberry flavor, potassium bicarbonate, lycopene powder, silicon dioxide, natural acai flavor, natural banana flavor, natural flavor.

Strawberry Peach

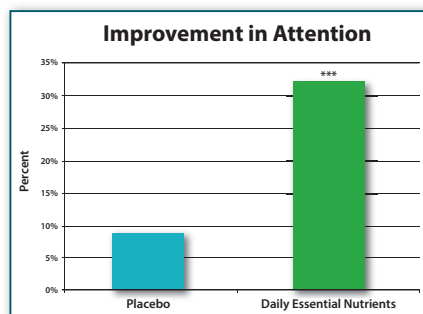
Other Ingredients: Resistant dextrin (non-GMO corn fiber & organic tapioca fiber), gum blend (organic guar gum, organic acacia gum, xanthan gum), natural peach flavor, fermented beet root powder, peach juice powder, orange juice powder, natural mango flavor, sodium bicarbonate, instantized inulin (chicory root fiber), lycopene powder, natural strawberry flavor, monk fruit extract (luo han guo), stevia leaf extract, potassium bicarbonate, lutein/zeaxanthin from marigold extract (as XanMax®), silicon dioxide, radish skin extract (color), natural flavor.



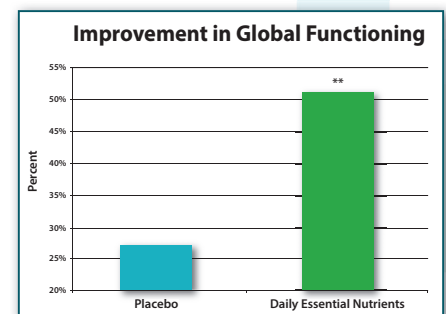
RESEARCH SPOTLIGHT

At 3 scoops/day^s, *Daily Essential Nutrients* Improves Aggression, Emotional Regulation and Attention in Children with ADHD: an Independent, Fully Blinded, Randomized, Placebo-Controlled Trial¹.

Researchers reported "significant between-group differences favoring micronutrient treatment on the Clinical Global Impression-Improvement (ES = 0.46), with 47% of those on micronutrients identified as 'much' to 'very much' improved versus 28% on placebo."



***Percent of participants who experienced a 30% or greater reduction in clinician-rated ADHD Inattention Subscale scores (DSM-IV), p=0.005; n=93.



**Percent of participants rated by clinicians as "much improved" or "very much improved" on the Overall Clinical Global Impression-Improvement assessment in per-protocol analysis, p=0.03; n=89. (Note: 11% of those on micronutrients and none on placebo were identified as "very much improved")



"The reality is, we've got thousands of biochemical reactions happening inside of our brains and inside of our bodies in every moment... every one of those biochemical reactions is dependent on one or more minerals or one or more vitamins."

Dr. Janet Settle, MD, ABHM, FAARFM
Integrative Psychiatrist

- ▶ Backed by 20 years of extensive independent research
- ▶ Backed by more than 30 medical journal publications
- ▶ Powerful results across a wide range of symptoms
- ▶ Documented safety and tolerability

Read the studies: www.GetHardy.com/studies

¹Source: Rucklidge JJ, Eggleston MJF, Johnstone JM, Darling K, Frampton CM. Vitamin-mineral treatment improves aggression and emotional regulation in children with ADHD: a fully blinded, randomized, placebo-controlled trial. *J Child Psychol Psychiatry*. 2018 Mar; 59(3):232-246.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.